

**Gage Desteur**

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**Travel Report: COCA SLS**

<b>What:</b>	<i>Canadian organization of Campus Activities: Student Life Summit</i>
<b>When:</b>	<i>Wednesday, June 8, 2022 - Monday, June 13, 2022</i>
<b>Who:</b>	<i>Gage Desteur &amp; Juanita DeVos</i>
<b>Where:</b>	<i>Ottawa, Ontario, Canada</i>

**Day 1 — June 8, 2022**

Travel Day. Juanita and I also attended the SLS Reception Dinner hosted at La Cité Excentricité. This was an opportunity for us to mingle with the other COCA delegates. Following the welcome reception, we had a Variety showcase of performers and bookable talent.

**Day 2 — June 9, 2022**

Each day at COCA SLS starts off with some Harty educational sessions. The education sessions that I attended on the first day were: “Brand + Engagement = Community on campus”. This was a great experience learning about how to increase brand recognition and increase engagement with our campus community. The second education session was called “Level up your Productivity”. This was a fun presentation by Cat Mulvihill and she really went over some of the common mistakes when it comes to productivity as well as the difference between productivity tools and systems. Later in the day, we trailed to Algonquin College to watch the Lecture Showcase. We got to watch lectures from Sarain Fox, Amie Archibald-Varley, the cast of the podcast Turn Me On, and finally Samantha Bitty. Later in the day on Day 2, we attended a Pub Showcase and a Private VIP Area for a USS concert.

**Day 3 - June 10, 2022**

The education sessions that I attended were “Post-Secondary Student Mental Health: current trends, returning to campus and solutions' ". This session followed the use of a platform that student unions can pay for in order to promote better access to mental health services on our campuses. I also attended a session on Sexual Violence Prevention. This was a fantastic opportunity for SU’S to share tools and frameworks of what works the best in

terms of Sexual Violence Education and Prevention. We also elected the western COCA director representing every school west of Manitoba. Later that day I attended a networking social as well as the 1st MainStage showcase hosted at Algonquin college.

**Day 4 — June 11, 2022**

Unfortunately, I was forced to miss the Education sessions in the morning due to critical meetings. I had a total of two meetings each lasting an hour. Although I was forced to miss the education sessions I was able to schedule the meetings to minimize the time taken away from the conference. Juanita and I attended Roundtables where student leaders had the opportunity to discuss a variety of topics from the pandemic to clubs to policy. This was an incredible opportunity to find what works best for other schools and get interesting suggestions. The day ended with the COCA Annual Awards Dinner.

**Day 5 — June 12, 2022**

This was the final day of COCA. We started the day off with the Campus Activities Biz Hall. This was essentially every performer, act, or lecturer making themselves available to us to answer questions regarding books, lectures, etc. This was followed by the Annual General Meeting and a Keynote presentation from Jeremiah Brown, a Gold-winning Olympian who discussed building world-class teams based on his experience on the Canadian Row team. The day ended with cocktails and reception.

**Day 6 — June 13, 2022**

Travel Day. Traveled from Ottawa to Lethbridge.

If you have any questions or concerns about this report please feel free to reach out to me via email at [su.academic@uleth.ca](mailto:su.academic@uleth.ca).

Kind Regards,

Gage Desteur