

To the University of Lethbridge community,

With the [Bank of Canada recently raising interest rates](#), it has been made clear to Canadians that inflation is becoming a serious issue across our nation. Further, Statistics Canada has recently released a report stating that [inflation has hit record levels since the 1980's](#). The University of Lethbridge Students' Union (ULSU) is keenly aware of the negative ramifications that this rise in overall cost of living will have on our students. Although those not attending post-secondary institutions often associate the price of university with the ever-rising cost of tuition, students understand especially that the cost of attaining a post secondary education involves so much more. Books, transportation, housing, potential relocation, and time costs, among other things, all add up. This means, unfortunately, that many students will likely face significant barriers to the affordability of university in coming semesters. As such, the ULSU would like to take this opportunity to remind University of Lethbridge students of the services that we provide and how we can help if you or someone close to you is struggling. The following is a list of potentially helpful resources:

- The ULSU Food bank
- UPass
- The Health and Dental Plan
- Direct2U Doctors and Prescriptions
- Funding and Awards:
 - Travel and Conference Grants
 - Emergency Student Assistance
 - Scholarships
 - Bursaries
 - Awards

And of course, the University of Lethbridge offers robust counselling services for any students who need additional support with mental health. It is not up to students to fight these battles alone, and with the difficulties we have all faced in the past few years, we must remind ourselves that it is perfectly acceptable to ask for help.

If you have any more questions, we encourage you to visit our website, ulsu.ca, and/or contact our VP External, Samantha Scott, at su.external@uleth.ca. We stand by students through this tough time and promise to advocate for all students to the best of our ability.

Yours in solidarity,



Kairvee Bhatt, President



Gage Desteur, VP Academic



Samantha Scott, VP External



Juanita DeVos, VP Student Affairs



Coral Skiba, VP Operations & Finance